

Testimonials: Neuro-Physical Reprogramming

"Gloria has uncanny insight into the body's physical and emotional condition. Her touch is infused with a concentrated positive energy available to few in the healthcare profession..."

--Gerry M., Ph.D., Certified Clinical Hypnotherapist

"Gloria's intuitive and unique approach left me feeling wonderfully balanced and able to effortlessly move ahead."

--Lisa V., Certified Massage Therapist, Nutritional Counselor, English Teacher

Your work is more relaxing than any massage I've ever had. I wish I had known you when I was going through Chemo. Combined with your breath coaching, I know it would have been a life saver."

Lisa Percival, Teacher

"The gentleness and compassion Gloria exudes are almost unearthly. Just to be in her presence is to begin to heal. Her techniques seem subtle as they are experienced and yet the results are quite profound. During each session with her, I could feel my body releasing the stress and tension I had been carrying. Afterward I felt a lightness in my body, relief from muscle strain, clarity of mind, and an overall optimism, and I saw the positive effects continue to manifest throughout my week and beyond. I can't wait for my next session!"

--Melanie M., Musician & Consultant

"My daughter (19) is raving about how good her back and neck feels and demands to see you. There is measurable improvement all along her spine. I've tried doctors, therapists, chiropractors and other practitioners ... without success. Thanks to you I'm seeing tremendous benefits for both of us physically, mentally and spiritually, as well as a positive change in what I'm manifesting!"

-- Lisa P., Business Consultant and mom

"Through your Enhancement Program, I finally found a way to manage my dreadful depression. I am now doing things I never dreamed I could. I'm actual able to manage my fears so well that I can now go to social venues and have the time of my life! I could not have done this without you! It's absolutely incredible! I even attracted the job I wanted. It was perfect and ahead of my goal. Then, when I thought I was done, you gently and persistently coached me in going farther. I received such amazing insight that it has opened up my breathing capacity and I feel like an incredibly new person inside. Your have changed my life around completely."

--Kathy J., English Teacher

"You are an angel and creator of miracles. After 40 years of injury and pain from an arthritic dislocated shoulder and twisted elbow, you have greatly increased my flexibility and I no longer wake up every night in agony! No more pillow propping!"

--John W., Teacher, Hermosa Beach, CA

"Your approach is more relaxing than a massage, and I find myself better equipped to let go of daily tension."

--Sherry W., Artist

"I felt very relaxed and peaceful and would recommend it to anyone."

--Karen A., Massage Therapist

"I found my session with Gloria to be not only transformative, but educational. Through Neuro-Physical Reprogramming and Vivation breathwork, focusing her highly intuitive connection on my body, she raised my awareness of my own subtle responses. Her loving, sensitive approach enabled me to release a great deal of stored emotional trauma. After working with Gloria I felt a renewed sense of well-being, energy and clarity."

--Jo C

“After going on your Program Enhancement Series, my daughter's attitude has changed incredibly! She comes home from school and tells me what a great day she's had!” -- Lisa P., Business Consultant and mom

"A wonderful insight... painful childhood issue with my mother... helped me with clarity about my future and courage to make some needed changes. I realized I don't have to be responsible for others happiness nor be afraid of joy. Bless You!" --Danielle V., Massage and Past Life Therapist

“Whenever I need work that goes outside the box of my circumstance, Gloria expands the realms of my physical and mental body. Without her, I would be living in a smaller universe.” --Brooke Smith, Myotherapist

“Thank you for your wonderful work. I had asked for clarity and time management and within days, I remarkably received it out of the blue! Not only that. I received closure making room for greater opportunities in my life.” -- Anita G.

“Mom, can you book me with Gloria? No one addresses the muscle relaxation that she does.” L.P., Business Consultant and mom

“In pain and limping, I had re-injured my already arthritic hip with no relief in site. Then on a visit to California and an appointment with Gloria the pain and limp was gone with significant increase in my flexibility! It was awesome! Thanks so much! On a return visit to California we focused on my painfully inflexible tennis elbow with the same results, awesome! She intuitively combines a unique blend of bodywork, breathing and meditation. Great technique! Great results! Thanks again!” --Sandy Morison, New Smyrna Beach, Florida

“I've tried chiropractors and other practitioners who simply avoided the protruding disc. You directly related to the area of pain and gently but firmly found the point of release while the disc simply slipped back into place. Two week later I came in again for a related issue which was resolved and after many months, I continue to be free of pain. I am forever grateful.” --Brook Smith. Myotherapist

“Thank you for being a wonderful teacher! Your explanations and instruction are clear and easy to follow. You taught me a lot and I'm looking forward to more workshops!”--Michelle H.

“After going on your Program Enhancement Series, my attitude has had an adjustment, I have a wonderful sense of well-being, and I'm moving forward with leaps and bounds! --Terri B

“You are amazing! I never thought I could relax in this way. I knew I held tension in my shoulders, but I didn't realize how much tension I held in other parts of my body.” --Mary L., Interior Designer

I felt so much better today and so energized last night after the relaxing and ever so fun treatment you gave me. I ate a delicious meal, watched a wonderful movie with my friends, then went home. I thought I'd be too exhilarated to fall sleep, but I fell asleep easily and slept sound all night. Awesome! --M.K.